



SPORTING INFLUENCE

Improving Social Skills Through Sport

PE With Mr Whitford

This term each class has focused on Athletics in preparation of Sports Day.

Class 1 have shown great enthusiasm in all of their lessons where they have worked on running at speed and over a longer distance. They have also explored different ways of throwing and jumping. It was fantastic to see the children use these skills on Sports Day.

Class 2 children have worked hard in their lessons this term. They too have developed their knowledge of how to run at speed and over a longer distance. They looked at ways of throwing for distance and accuracy, and how to increase their distance when doing the long jump. We also had the opportunity to explore the relay which they really enjoyed!

Class 3 have focused on perfecting their technique in a range of events in Athletics. When throwing we worked hard to ensure we were 'pushing' the ball when doing the shot putt, a really tricky skill to do. When running they focused on using their arms and legs to generate speed when sprinting and pacing ourselves when running over a longer distance. The children also had the opportunity to improve their relay technique and explore the triple jump.

Class 4 have worked hard throughout their lessons, again looking to develop their knowledge of different events in Athletics. They looked to improve their speed and stamina when running, thinking about their tactics when racing. When jumping we added a run up to increase distance, the children also had the opportunity to explore throwing the javelin and hurdling.

We finished off the term with a Y3/4 Football game against Grewelthorpe. The children played the game in fantastic spirit and eventually came out on top with a 3-2 victory!

I hope you all have a fantastic summer and wish the Year 6s all the best at their new schools!



Class 3 explored the Shot Putt



The Y3/4s played in a Football match against Grewelthorpe



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